



## Website Published Book List

### Personal Fitness Trainer

The following books (including any textbook supplemental materials) are required to successfully complete this program. All books listed below are standard course resources available for opt-out and purchase from other third parties, unless marked with an asterisk (\*). Any books that are marked with an asterisk (\*) are custom course resources not available for opt-out or purchase outside of the School by the Student.

Title	ISBN	Publisher	Lamson Student Price	Retail Price**
Practical Applications in Sports Nutrition, 6th edition	9781284181340	Jones and Bartlett	\$160.95	\$160.95
Essentials of Corrective Exercise Training, 2nd edition	9781284200898	NASM	\$199.00	\$199.00
NASM Essentials of Sport Performance Training, 3rd edition	9781284281767	NASM	\$199.00	\$199.00
Anatomy and Physiology for Health Professionals 3rd edition	9781284151978	Jones and Bartlett	\$115.95	\$115.95
NASM Essentials of Personal Fitness Training 7th edition	9781284200881	NASM	\$199.00	\$199.00
Exercise Physiology: Integrating Theory and Application 3rd edition	9781975117429	Wolters Kluwer	\$136.95	\$136.95
Kinesiology: The Skeletal System and Muscle Function, 4th edition	9780323812764	Elsevier	\$87.15	\$87.99

**Total Price: \$1,098.00\*\*\* \$1,098.84**

\*\*Retail Price is based on the current retail price listed through the publisher as of the effective date of this document.

\*\*\* For any printed books and materials, total price includes tax and shipping.

Note: The School shall have the right, at its discretion, with or without prior notice, and in the interest of improving training, to make reasonable changes in course content, Books, equipment, instructors, or schedule. Any such changes shall be without additional charges to Student.