



Website Published Book List

Personal Fitness Trainer

The following books (including any textbook supplemental materials) are required to successfully complete this program. All books listed below are standard course resources available for opt-out and purchase from other parties, unless marked with an asterisk (*). Any books that are marked with an asterisk (*) are custom course resources not available for opt-out or purchase outside the School.

Title	ISBN	Publisher	Lamson Student Price	Retail Price**
Sports Nutrition 6th Edition	9781284181340	Jones and Bartlett	\$74.72	\$120.95
NASM Essentials of Corrective Exercise Training, 2nd Edition	9781284200898	NASM	\$159.00	\$199.00
Essentials of Sports Performance Training, 2nd Edition	9781284147988	Jones and Bartlett	\$81.50	\$88.95
Anatomy & Physiology for Health Professionals, 3rd Edition	9781284151978	Jones and Bartlett	\$53.88	\$110.95
NASM Essentials of Personal Fitness Training 7th Edition	9781284200881	NASM	\$159.00	\$ 199.00
Exercise Physiology: Integrating Theory and Applications 3e	9781975228798	Wolters Kluwer	\$105.95	\$135.98
Kinesiology: The skeletal system and Muscle Function	9780323837262	Elsevier	\$62.95	69.99

Total Price: \$697.00* \$924.82**

**Retail Price is based on the current retail price listed through the publisher as of the effective date of this document.

*** For any printed books and materials, total price includes tax and shipping.